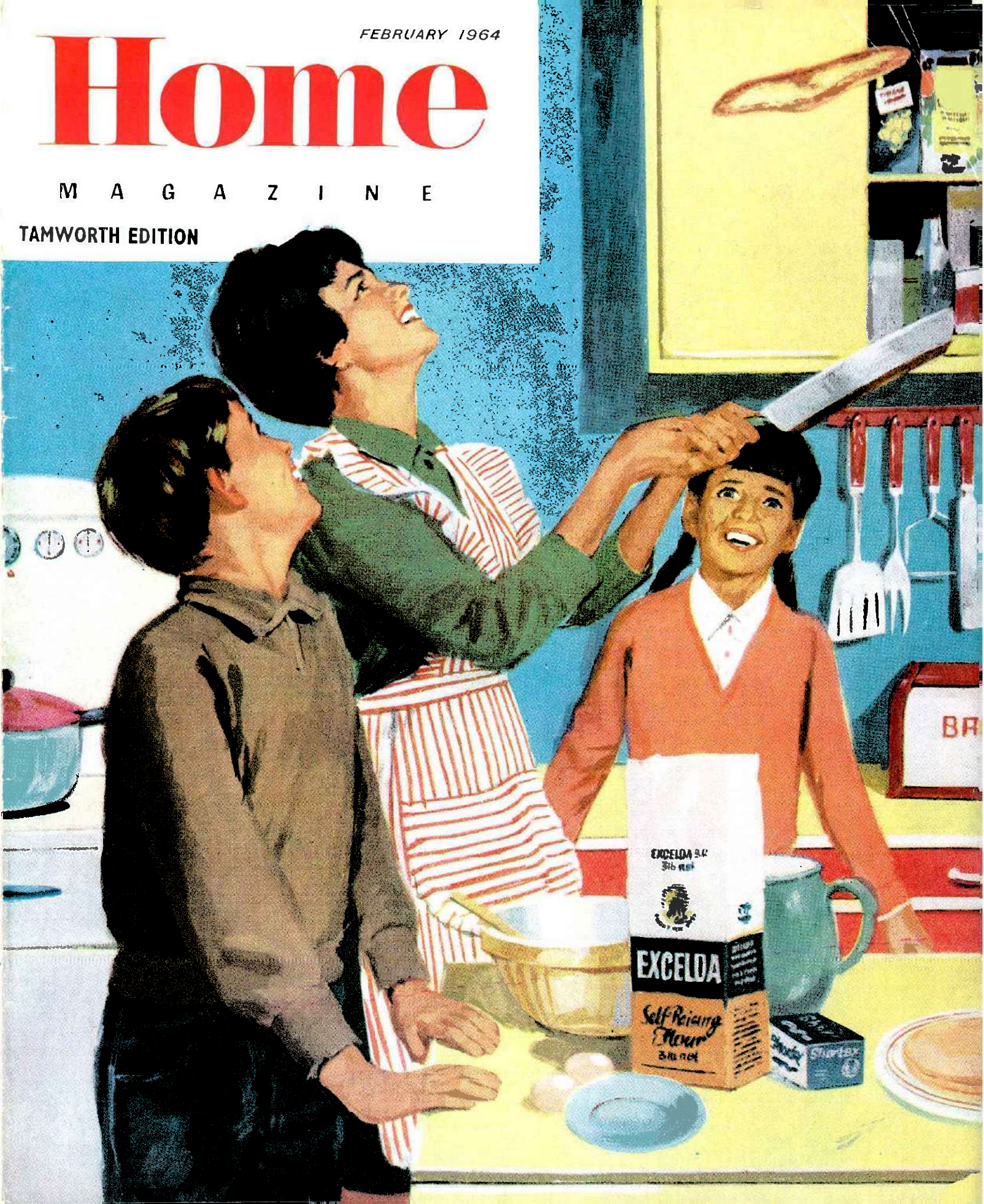


FEBRUARY 1964

# Home

M A G A Z I N E

TAMWORTH EDITION





...it's new...it's super-tasty  
...IT'S WHEATSHEAF

## macaroni cheese

You and the family can enjoy this delicious new savoury dish from the C.W.S kitchens . . . tender, melt-in-the-mouth macaroni in a rich, tasty, cheese-flavoured sauce. It's a mouth-watering meal-in-a-moment—all you do is heat it—and it's ready to eat!

### WHEATSHEAF

macaroni cheese  
is superb by itself . . .  
or with toast . . .  
tomatoes . . . chips . . .  
sausages . . .  
bacon, etc.

Prepared by C.W.S Ltd., Milk Products Dept.



1/8

The m...m...m...! meal in a moment. FROM CO-OPERATIVE STORES

## At two she suffers from Beatlemania

MY little girl, aged two years and three months, has become yet another fan of the famous lads from Merseyside, the Beatles.

She can certainly distinguish the sound of the Beatles from any other pop group or other music on the radio or TV. As they begin to sing, she screams "The Beatles!" My husband and I have begun to think that if she is like this now, what will she be like when she becomes a teenager?

Mrs C. Arnold,  
Manchester.

### THIEVES BROKE IN

Until recently, while reading in the papers of house-breaking offences I smugly imagined it could never happen to us. What a shock to return from a Sunday afternoon drive to find that it had happened.



### ATTRACTIVE VASE

What an attractive vase the Laundazone Blue plastic bottle makes. I cut off the top as far down as printing, cut off bottom, screwed top on tight, turned both upside down and stuck together. It holds water perfectly. You can also plant bulbs in it.

Mrs J. Crouch,  
Southborough, Kent.

### DOOR PULLS

When making sliding hard-board doors, the small flush pulls can be made with the caps from cans such as stain, woodworm-killer, etc., or plastic ones from tubes of sweets.

Mrs V. I. Hawdon,  
Weymouth.

### OUR COVER

It's pancake time again, and these children are just as interested in mum tossing the pancakes up as they are in eating them. Perhaps they are hoping . . . hoping . . . hoping. Well, perhaps, mum might miss!

## Guinea letters

### YOU WRITE

Entry was obtained through a back-bedroom window by means of the ladder my husband left in the garden after completing a decorating job. I, too, had unwittingly assisted the thief by leaving the window unfastened. Luckily, in our case we got off lightly; my house-keeping money was taken, but the gas-meter was left untouched. I have learnt my lesson the hard way, and now secure all windows and doors even if I intend to be absent from the house for only a short time.

Mrs Sheila James, Swindon.

### MAGIC MIRROR

Does any other reader possess a magic mirror like mine? The one I keep in my kitchen has an endearing flaw down the centre. If I look into it when it stands normally, I see someone (in my opinion) dignified and stately. But if I feel down in the dumps, I turn it sideways and am greeted by a broad, jolly face, just ready to

laugh at me. The reality, I suppose, is somewhere between the two. But I wouldn't dream of changing my friendly mirror for a perfect one—it's so convenient!

Mrs E. R. Kidd, Liverpool.

### HARD TO BEAR

Out shopping recently, I came across a pram and two kiddies left outside by a busy mother. The young baby was having a hearty cry and his piercing yells were certainly drawing attention to himself. What caught my eye, however, was the toddler seated opposite. A look of aloof disdain on his averted face, he sat with both chubby fists plugged into his ears.

Miss Morris, Liverpool.

### ORANGE IN TEA

If you've a sweet tooth—a slice of orange in your tea is refreshing, and a good substitute for sugar.

Nurse Euphea Ross,  
Bayswater, London.

### HIS SPURS ALMOST THREW HIM

These new military style boots girls are wearing bring back a memory for me. When I was a teenager, I was one day wheeling my small brother in his pram. As I tipped it on two wheels to get on to a foot-path, I didn't notice a smart cavalry officer standing with his back to me on the street corner. Imagine my scarlet face when the wheels came down on his spurs and almost threw him on his back. That terrible look of moustache-

bristling amazement and disgust is still vivid in my memory.

Mrs Greenhalgh, Preston.



### REGULAR VISITOR

Hedgehogs are regular visitors to my garden. This one expects his bread and milk at dusk or earlier. Last year's hedgehog came up to the house each evening right up to late December, even during the snow we had that month. I don't really know whether this one is the original, or one of her children.

Joan Penton, North Harrow.

### PAINT TIP

When decorating, I put my tins of paint in a saucepan, an old one. The saucepan handle enables me to paint without getting my hand covered. There is also less danger of the tin getting spilt.

Mrs G. McCarthy,  
Birmingham.

### CAREFUL WAYS

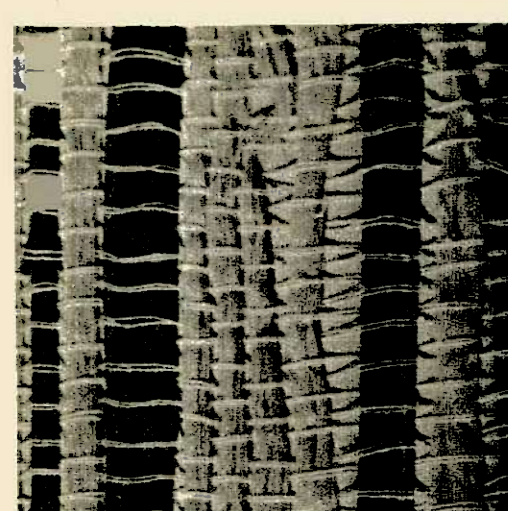
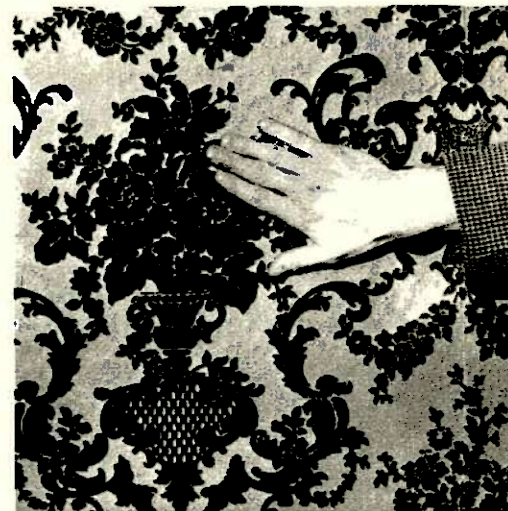
I have been interested reading the life of the late Lord Nuffield. Although he gave away so much money, he was very careful in many of his ways. People cannot put it down to meanness when one gives away so much. My mother taught me all her careful ways and she was always happy when giving to those she loved, yet would patch up an article till you couldn't tell it from the original. Is this careful strain beginning to disappear in the present way of living?

Mrs Edith Arnott,  
Whitley Bay.

FEBRUARY, 1964  
Vol. 69, No. 2

Write to Eve Norman, Home Magazine, 1 Balloon Street, Manchester 4, not more than 100 words, please. We will pay a guinea for each letter published.





Left: A mural featuring a lakeside scene in glowing colours. Above: The velvet touch of French "flock" wallpaper.

Above: Japanese grass cloth showing the split cane. Right: Pastoral scene featured on Louis XVI wallpaper.



Above: Another unusual and striking effect is achieved by an abstract design on one of the new German wallpapers.

Below: Abstract again. This one is of Swedish design.



# NOW LET'S GO CONTINENTAL

**W**E are becoming a much-travelled nation, and the things we see in our travels are being reflected in our way of life when we come back.

We want to create in our homes something of the sunshine of Italy, the brilliantly-fashioned modern homes of the Swedes, the romance of France. Holiday makers are demanding, in fact, more permanent reminders of happy days on the Continent than the snapshot of Jack holding up the Tower of Pisa.

Tourists have been kept wide-eyed in looking not only at classic ruins and marvellous carvings, but also at the colourful houses of the Europeans, and the remarkable up-to-the-minute ideas of decoration in hotels, and clever touches on walls and woodwork, even in the more modest pension.

Of course, decorative touches do show up in their full charm when the vista through the windows is of Mediterranean blue skies and streets bathed in sunshine, but we can bring into our homes now the vivid colours of the Continent, even though outside all is fog and frost.

For, while tourists have seen the possibilities of new ways to decorate, the experts have been busy also watching trends and the growing demand at home for the Continental touch.

The result is that there is available for this spring a wide selection of wall and ceiling decorations straight from Europe—and the Far East—to delight the British housewife, and to present her husband with a choice that can even be difficult.

So, if you want to "go Continental" in wallpaper, here is a guide to the new ideas in Europe.

Most Continental wallpapers favour abstract designs. There is a trend to stripes, but these patterns can be quite subtle, not so much definite stripes, as suggestions of stripes.

## Extremes of colours

**DANISH** wallpapers feature extremes of colours coupled up. For instance, a strong blue has a weaker matching colour paper to support it. The most fashionable wallpapers in Denmark show a leaning away from regular patterns. "This type of patterning is becoming very popular in Britain," said a manufacturer, "and it fits in with most furnishing schemes."

A range of delicate harmonies in wallpaper can create a restful, but fresh, atmosphere in a room, and can be pleasant to greet you at breakfast time.

**SWEDISH** ideas are bright and new. Latest thing is the vinyl wall covering—colour-fast, light-fast, very durable, and guaranteed 100 per cent washable with soap and water. These are made on a paper base, also on a fabric base, and there are more than 50 shades.

The vinyl range comes in neat stripes, speckled effect, or patterned self-colours.

**FRENCH** designs are based in many cases on original great French tapestries, in front of which so many tourists have stood in admiration this past year. And here is a touch of real luxury; some of the papers have patterns built up of

flock. You touch them, and they feel like velvet.

Ranges of French wallpapers are grouped under glamorous names, such as Renaissance and Louis XIII. In these two are bold colours and classic designs. Predominating are vivid reds, greens and blues. Similar designs, but more subdued in shades, appear in the Louis XIV group.

Louis XV papers feature a bold design in full colour, such as a strong green, with softer shades of green giving the background. Very nice for a lounge which has a colour scheme of green, yellow and quiet touches of red.

Papers with large pastoral scenes in subdued shades are noticeable in the Louis XVI patterns. Similar designs, but in bold colours are in a range called Directoire.

All patterned papers from France have matching papers, and some of these are in bold stripes similar to the Regency striped paper which has become so popular, but there is now a far wider range of colours from which to choose.

**GERMAN** wallpapers tend to the abstract. And if you are keen on floral patterns, the German manufacturers offer a very wide selection, but even these flower designs are abstract.

**JAPAN** provides you with the chance to be really ultra-modern. New papers

from this country have a bamboo effect.

You holidaymakers who have passed a tall, exotic-looking, gracefully-waving bamboo plantation, on your Continental travels, and sighed to know you can't live near it, can now live "with it." The Japanese wallpapers use thinly-sliced cane interwoven with thread.

And if you like, you can have a tropical touch. Grass cloths from Japan, with grass used in the same way as the bamboo, give a jungle hut effect. Beautiful also are Japanese silks, which you can actually hang on the walls. Or rather, paste them on, for the silks are baked into the paper. They give a room a striking appearance.

## White beats all

As a contrast to bold colours in wallpapers, the trend in painting is towards white. No other colour approaches it in popularity.

The reason for this may be that white can make a room look twice as large as it is. A bedroom can be made to appear light and big by painting walls, ceiling and woodwork white, using emulsion paint for the ceiling and walls and a semi-gloss finish for the woodwork. The necessary contrasting touches could be provided by blue with white in the curtaining, and a light blue bedspread, and dark blue rug.

Reports from the CWS Derby Paint Works say that three-quarters of production is in white and pastel colours, so

Striped French paper—in Regency style

great is this trend. People are using more positive colours for interior decoration, too, but in "splashes"—such as one wall in a bold colour and the others in pastel shades.

In emulsion paints there is a big demand for pastel shades, but white again leads.

Increasing in popularity and range as decorations are murals, which bring to your rooms pictures of Pacific seashores, American lakes, snow-capped mountains, or faraway cities. The murals are reproduced in natural colour from photo-transparencies, and printed in non-fade inks, on tough, waterfast paper.

They are hung exactly like wallpaper, using a good quality paste. The murals are machine varnished, and will stand gentle sponging. Mount a spacious view mural together with simulated stone wallpaper wainscoting, and you have a patio all the year round.

A mural would go very well with another new idea—natural wood for walls (and doors and furniture). A natural wood veneer can be bought in self-adhesive or non-adhesive form. It is easy to apply, even by an unskilled person. As it is straight-grained, joints are almost invisible.

Sheets of the veneer can be cut and shaped with scissors. It will stick to wood, hardboard, plasterboard, block-board and plaster, as well as painted and other smooth surfaces. These natural wood veneers, with their "live" quality, open a whole new field of decoration.

Anaglypta relief designs are being increasingly used for ceilings. They give many beautiful effects. There are practical advantages too, in covering a ceiling cracked by vibrations with anaglypta paper. The embossed parts act as miniature bellows, and absorb slight movements of the plaster, and the paper does not split.

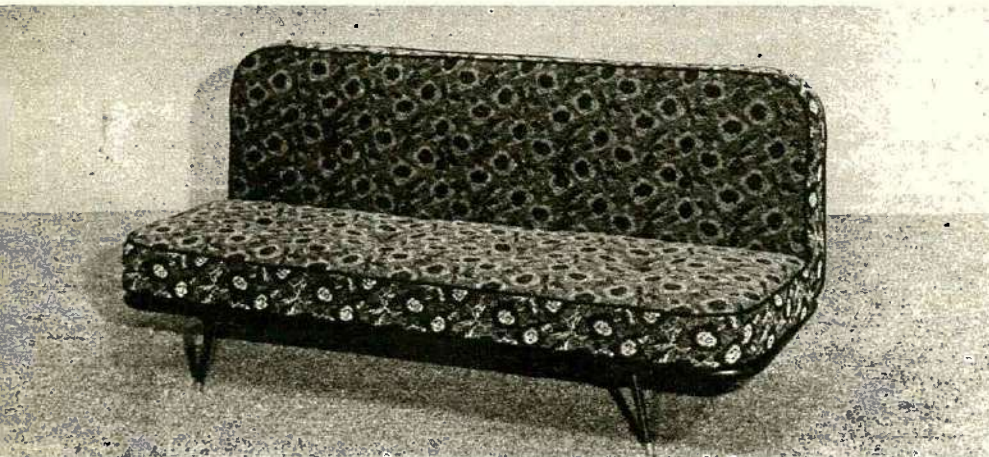




## FACING UP TO — how to surprise

### SETTEE WITH . . .

Rocella—a new CWS convertible in a warm teak finished frame, with a matching easy chair. It is 6 ft. 2 in. long.



The CWS Mars is an ideal studio couch. It has a tubular frame with a bronze finish and two reversible mattresses in Dunlop Polyether. It can make a double bed 4 ft. wide by 5 ft. 10 in. long. From £22 7s. 6d.

WHEN out-of-town friends or relatives drop in unexpectedly there is often a quick shuffle round to regulate the sleeping accommodation. The girls tuck in together, the children are sorted out into neat groups and dad often has to curl up on the settee.

It's a problem that has faced most of us. Much as we like to see our friends, it does create a certain amount of upset in the house.

But cleverly designed convertibles can come to the rescue. By day, they are roomy settees, and by night they unfold to make full-sized beds.

A new convertible, brought out by the CWS this year is the Rocella, in a warm teak finished frame, with a matching easy chair. It has two reversible Polyether foam mattresses and rubber web suspension. The suite costs from £81.

Upholstered throughout in Dunlopillo foam, the Rocella is 6 ft. 2 in. long, and as a bed extends to 3 ft. 10 in. wide.

Another convertible is the Mercury, and anyone who has bought a CWS Comet suite will find this matching piece of furniture ideal for the spare room.

It expands to the same dimensions as the Rocella, but the arms are upholstered in tough Nappahide, with the seat and back in moquette and a mixture of man-made fibre and cotton for hard wear when used as a bed.

Not quite so big is the Toronto, just 5 ft. 3 in. in length, but opening to a 6 ft. 10 in. by 2 ft. 3 in. bed. There is a fully sprung interior mattress. A drop arm can also be used as a table. This

## THE PROBLEM sleep those guests

### A NIGHTLIFE

As a bed the Rocella extends to 3 ft. 10 in. wide. It has two reversible Polyether foam mattresses and rubber web suspension.



convertible is finished in moquette. From £26 6s.

An ideal studio couch the CWS Mars, which has a tubular frame with a bronze finish and two reversible mattresses in Dunlop Polyether foam. It can be opened to make a double bed 4 ft. wide by 5 ft. 10 in. long, and can be folded flat to store away.

For furnishing a spare room one of the most useful items is the combination wardrobe.

From the CWS comes the Chingford robe, which can be used as a dressing table as well. Only 3 ft. 1 in. wide, yet it has two commodious drawers and space for footwear or other articles as well as hanging space for clothes.

The Chingford is available in oak or sapele, while the Peel chest of five drawers is a useful adjunct.

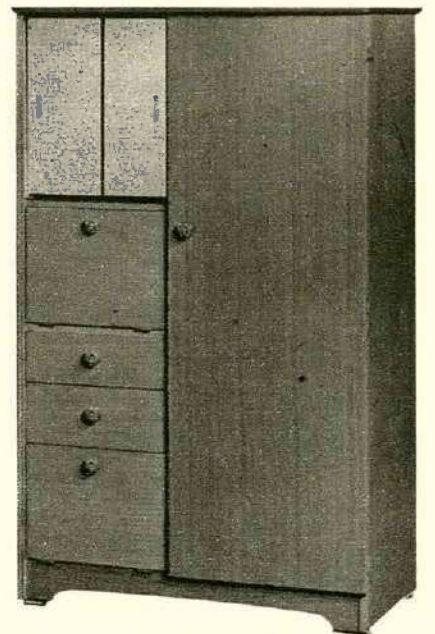
There's a splendid selection of CWS divan beds and one of these, together with the wardrobe and tallboy, can be the basic items in a cosy spare room to delight any guest.

But, of course, there is a lot more to making a guest comfortable than just finding him a place to sleep. Very often it's the little things that count. For instance, it's a wise precaution to have a spare toothbrush in the bathroom. So often does the guest come without a toothbrush or else the overnight stay is unexpected.

Also, the wise housewife does not forget to have CWS Society sheets and pillow cases and Snugdown blankets in her bedding chest, to cope with any emergency.

The Chingford robe, which can be used as a dressing table as well. It has space for footwear and hanging space for clothes. There are also two commodious drawers. From £20 15s.

The Rocella convertible made up. The wise housewife has a good stock of CWS Society sheets and pillow cases and Snugdown blankets in her bedding chest. The quilt is a Pelaw, in Terylene.







## Hats on a gay note

**T**AKE a charming suit, add a pretty hat—sum total, a picture of elegance. And to help you to give that extra special look to your new spring outfit, we have chosen a selection of delightful models from the CWS range, to show just what a hat can do.

Incidentally, do you know that you can add inches, or take them

away with a hat? Tall girls, take a tip from the Millinery Institute. Pick your hat in a contrasting colour to the rest of your clothes, to give an illusion of less height. Small girls, wear a dark hat and dress to make you look taller.

Teenagers should shun sophisticated styles. Simple, off-the-face styles suit them best.

*Top left: Fashionable tartan gives a new look to the popular jockey cap. This Robin model costs about 25s. 6d.*

*Top centre: This gorgeous confection of petals and flowers is from the Robin range and costs about £3 7s. 6d.*

*Top right: A froth of white Swiss silk ribbon forms this charming Robin pillbox hat, at about £2 13s. 6d.*

*Middle left: A frivolous pompon tops this perky teenage style from the CWS Robin range, which is priced to suit small budgets at about 25s. 6d.*

*Below left: This delightful Robin hat in the Breton style, so flattering to young faces, is in black and white Swiss straw, and costs about 32s. 3d.*

## Suits that sing of spring

**H**ERE are some of the models in the new CWS spring range, at Co-op stores all over the country.

Our little grey suit (left) is a zippy style, spiced with a dash of navy and red braiding. It is a Junior Miss model that simply sings of spring. Styled for the really young and gay, it is made in sizes 8-10-12, and is style Z1602 at about £7 19s. 6d.

A top favourite this year is the mix'n'match suit, like our attractive

model, below centre, with its check cardigan style jacket, teamed with a plain skirt. This is style Z1607 in beige, grey, and yellow, at about £9 19s. 6d.

For the girl who prefers the more tailored suit we have picked model Z1609, below right. This smartly styled suit is made in navy, beige, or kingfisher, in sizes 14, 16, and 18, and costs about £10 19s. 6d.





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4/10 REGENCY STREET LONDON S.W.1

Please send me a FREE copy of HOLIDAYS 1964

☐ British ☐ Continental (Please tick which you require)

NAME .....

ADDRESS.....

## Lamb is at its best IN SPRING!

FROM now on, look out for the spring lamb that will be appearing in the shops. It is at its most appetising, and you can have the straight, succulent joint, dressing it up with sprigs of mint, or use it for a variety of different dishes, as MARY LANGHAM suggests below.



### SICILIAN CHOPS

4 lamb chops, seasoned flour, 2 oz. CWS butter, 2 oz. mushrooms, 1 small onion, 1 grapefruit, sugar to taste, CWS Patna rice.

Dip the chops in seasoned flour and fry gently on both sides in the melted butter. Remove from the pan. Fry the onion rings until brown and then add the sliced mushrooms.

Meanwhile, squeeze the juice from half the grapefruit and make up to ½-pint with water. Replace the chops on the pan and add the liquid and a tablespoon of grated rind. Simmer all together for about 15-20 minutes until the meat is tender and the sauce slightly reduced.

Add a little sugar if the sauce is too sour. Remove the pith and membrane from the remaining half of the grapefruit and add the segments to the pan. Heat through. Serve with buttered rice.

### HARICOT MUTTON

1½-2 lb. mutton, 1 oz. Shortex, 2 carrots, 2 onions, 1 turnip, 4 oz. CWS haricot beans, salt and pepper.

Soak the beans as directed on the packet. Trim the meat, cutting off most of the fat. Peel and slice the vegetables. Brown the meat in hot Shortex, add the sliced vegetables and cook for a few minutes. Add the beans and sufficient boiling water to cover. Season. Simmer for about 2 hours.

### LAMB CURRY

½ pint stock or water, 1 small onion, chopped, 1 small apple, chopped, ½ oz. Federation or Excelda plain flour, ½ oz. CWS curry powder, ½ oz. CWS butter, salt, lemon juice, 1 teaspoon CWS chutney, 1 teaspoon black treacle, ½ lb. cold cooked lamb, 4 oz. CWS Patna rice.

Chop the onion and apple finely and fry in the butter. Stir in the flour and curry powder. Add stock, lemon juice and salt. Bring to the boil and simmer for 30 minutes.

Add the chutney and treacle. Simmer for a further 60 minutes. Cut the meat into small pieces, removing any fat and skin. Add the meat to the sauce and cook for 30 minutes or until the meat is reheated.

Serve with the boiled Patna rice.

### LAMB PIE

1 lb. lean, boned lamb, salt and pepper, 1 teaspoon chopped parsley, 1 teaspoon CWS mixed herbs, 1 sheep's kidney, stock or water.

Pastry: 6 oz. shortcrust or flaky pastry.

Cut up meat into small pieces and place in a pie dish. Sprinkle with seasoning to taste. Remove sinew from kidney and slice thinly. Place on the meat together with the chopped parsley and herbs. Add sufficient stock or water to come half way up the meat.

Cover with pastry. Brush the top with milk or egg and cut a small hole in the centre. Bake in a moderate oven, Mark 4 (350°F.) for 1½-2 hours or until the meat is tender. Cover the pastry with greaseproof paper should the pastry become too brown during baking. When the pie is cooked fill up with hot stock or gravy.

### STUFFED BREAST OF LAMB

1 boned breast of lamb, 8 oz. CWS sausage meat, 1 small onion, chopped, salt and pepper, 2 oz. fresh bread crumbs, 1 dessertspoon chopped parsley, grated rind half lemon, 1 teaspoon CWS mixed herbs, 1 oz. Shortex.

Trim any excess fat from the meat and wipe the meat with a damp cloth. Mix the remainder of the ingredients, (except the Shortex) together and spread on the inner side of the meat. Roll up and tie securely with string.

Heat the Shortex in a roasting tin and add the meat. Roast in a moderate oven, Mark 4 (350°F.). Allow 40-45 minutes per pound. Baste the meat occasionally.

### SAVOURY LAMB STEW

1½-2 lb. neck, loin or breast of lamb, 1 oz. dripping, 1 onion, 2 carrots, bouquet garni (bay leaf, 6 peppercorns, parsley, thyme, tied in a piece of muslin), 2 sprigs of mint, stock or water, 1 small packet frozen peas, 1 oz. Federation or Excelda plain flour, salt and pepper.

Trim the meat and cut into even sized pieces. Heat the dripping in the stew pan and put in the meat, diced vegetables, bouquet garni and mint, tied in muslin. Cover and cook slowly for 10 minutes, stirring occasionally.

Add sufficient stock or water to cover the meat, cover and simmer until the meat is tender, approximately 2 hours. Add the peas 30 minutes before stew is cooked. Blend the flour to a smooth paste with a little cold water, add some hot liquid from the stew and mix thoroughly. Return to the pan and stir until boiling. When cooked remove the bouquet garni, season to taste and serve hot.

### CORN AND PINEAPPLE KEBABS

8 even sized pieces of lamb, from the leg, 4 tomatoes, 8 mushrooms, 4 rashers streaky bacon, 4 chipolata sausages, oil or melted butter, 1 can sweet corn, ½ oz. CWS butter, 1 can pineapple cubes.

Peel the mushrooms, cut the tomatoes in half, twist each sausage to make two smaller ones and prick. Remove the rind from the bacon, cut each rasher in half and roll up. Place the pieces of food alternately on four skewers. Brush with oil or melted butter.

Cook under a hot grill, turning occasionally so that the food is evenly cooked. Heat the corn and drain. Toss in the half ounce of butter and turn on to the hot serving dish. Place the food on the corn and gently pull out the skewers. Serve with pineapple cubes.



## Variety Fare explores

THAT LEAP YEAR  
TRADITION

### IT'S THE 491st

**L**EAP year has come round again. It happens every four years and, according to custom, the girl can **take the initiative** and do her own proposing.

The origins of this custom are not very clear, but according to ancient Scottish law the man who refused a Leap Year proposal was **liable to a fine**.

Leap year was fixed by Julius Caesar, 45 B.C., the addition of one day in every four years, bringing the measure of the calendar year even with the astronomical year, with three minutes a year over. But this again is accounted for by dropping leap year at stated intervals. Thus 1700, 1800 and 1900 **were not** leap years.

But if you are thinking of exerting the woman's right of popping the question this year, remember the old adage and **look before you leap**. Make sure he'll be tidy round the house, can cook a good meal, and knock a nail in straight. It will save endless trouble.

"IT'S good coffee," he says. You say, with gentle flattery, "Wits and philosophers have always warmed their hearts over the steaming cup."

*Thinks: She's a charming girl, this one—good cook, too. That dinner! And now, coffee by candlelight. I wonder what she's asked me round for?*

And that's when you tell him. Well, how many of us girls **really do the proposing**, in any old year? More than men think, but then, there are ways . . . and ways . . . and ways . . . And if you run out of conversation, tell him that coffee grows on trees that produce bright red cherries that have the coffee beans inside. "What a clever girl!"

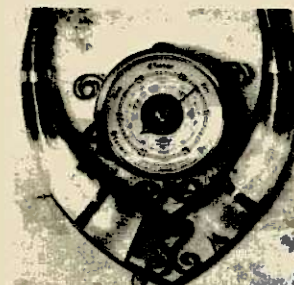
Serve your coffee elegantly in a pretty coffee set like this new Apple Blossom design from the CWS Crown Clarence pottery. This set, which is available from Co-op stores, costs about 38s. 6d.

## WOO HIM OVER COFFEE



Make sure you are ready for the right occasion by buying your Fresco ground coffee, or Society instant coffee now, from your local Co-op shop.

## Of course, he'll be mad about the weather



your husband, who will be forever tapping it.

As a matter of fact, a barometer is still the best means of seeing what the weather is going to be like within a 12-mile radius, so they are well worth the money you pay for them. You will find a good selection in Co-op stores, as in our pictures.

The barometer is really an instrument for measuring the weight of

All men are. So get him a barometer, or put it down on your wedding present list. It can hang in your hall and become a valued friend, particularly to

pressure of the atmosphere, and was invented by Torricelli, pupil of Galileo, in 1644.

One way of telling the weather is the sailor's way:

"Red sky at night, sailor's delight, Red sky in the morning, sailor's warning."

Try this sparkling little way . . . Of making tired sweaters gay!

Glamorise the neckline of a tired sweater, or dress, by painting on some quick-drying nail varnish, and then shaking on a packet of sequins. The effect is amazing!



## Send him with a Valentine

APART from Christmas cards, valentines sell best of all the greeting cards, and, the stores say, more are bought by girls than boys.

The Victorian cards were lushly sentimental, but hearts and flowers have lost their appeal and it's the funnies that get the teenage vote today. The humour is very off beat!

Valentine's day is, of course, February 14.

## Labels to look for

The familiar blue labels on Wheatsheaf fruit cans will be disappearing soon from Co-op grocery departments, shops and supermarkets.

The cans will now have re-designed bright red labels, which will enable them to be picked out more easily on the shelves. You may see some of the new-style labels in the shops now, but they will not be in full use until later in the year.

The contents of the tins will remain the same—luscious fruit of the highest quality.

## CAN YOU THINK OF A NAME?

MRS P. E. RICHFORD, of St. Columb, Cornwall, sends us the photograph (below) of the bungalow which her family are building. One snag. They are stuck for a name.

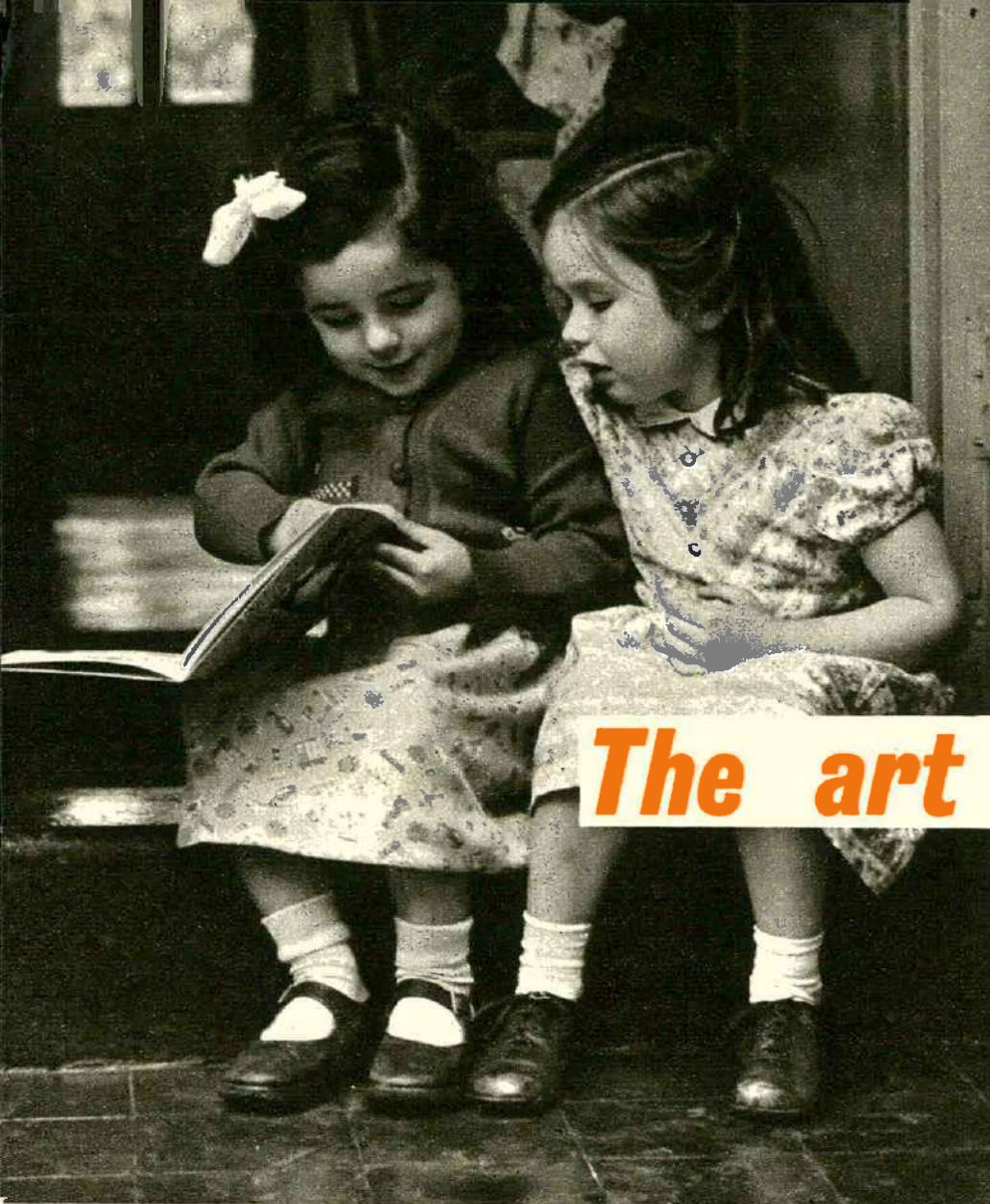
She writes "We have tried dictionaries, blending names, coining words, and lost in this wordy desert we come back again to 'The Nest' or 'The Laurels.'"

Any suggestions from readers, which *Variety Fare* would pass on?

Mrs Richford's husband and son are seen here busily tiling gable ends on the bungalow.







# The art of making friends is not so difficult

**I**T'S a gift, there is no doubt about it. Some people have the knack of making friends easily, others haven't. This does not mean that making friends is the right of a chosen few. We all have the right, and the duty, to make friends.

Some find it difficult, but all it needs is a little thought and a little practice. True friendship is a two sided relationship, but it only needs one person to make the initial approach.

BY TONY KIRWIN

**A common interest, understanding, and the desire to share something make these little girls perfect friends.**

**H**OW we all envy that lucky person who can stroll into a room full of strangers and immediately seem so at ease, so confident that everyone soon feels much more at home.

Is it just confidence that gives them the knack or is it something else? It certainly is! Although confidence has a lot to do with it, you have probably seen the person who is so full of confidence that she is oblivious to the fact that she is getting on everyone's nerves.

The person who really succeeds is the one who has something in common with

the rest of the people in the room. That one common factor is a slight nervousness at being with strangers. She controls her nervousness but allows just enough of it to show so that any brashness is taken out of her show of confidence. In short, she uses her nervousness to advantage.

Her wisdom lies in understanding that she is a stranger to everyone in the room and that they are, perhaps, a little apprehensive at meeting a new face. She knows, too, that no one wants to go to a party or a meeting and just sit around in silence, so she talks to someone.

Unless you have the type of job that entails meeting different people every day and so have a kind of professional approach, you will need a little help to break the ice.

If you are going to a party, find out a little about the guests a few days before. Any good hostess would be pleased to put you in the picture. You will then have the advantage of having some information with which to start a conversation without fear of "putting your foot in it" and embarrassing yourself, your hostess and her guests.

Let's imagine that you have just been

introduced to Henry. Your flow of conversation could perhaps go along these lines:

"You must be Maureen's Henry. I've heard so much about you from Patsy. I'm so glad to have met you at last. What a shame Maureen couldn't come—Patsy tells me she always loves a good party."

There we are, you are off to a good start. Anyone who didn't warm to that approach should not be at a party. They probably came with a lot of preconceived ideas about the guests and have taken the attitude "I'm not changing my mind for anyone." The best of luck to them, they'll need it. Don't waste your time with them.

A little research into people and likely subjects of conversation is never wasted

whether you are going to a party or a more formal meeting. Never, unless you are called upon to do so, voice your opinion before asking the other person theirs. You will then be able to agree or disagree, and conversation starts. Always give the other person credit for their intelligence, the dignity of being a thinking human being.

Never be dogmatic unless the subject is of great importance to you, and then only speak out if you are convinced that what you have to say is useful or important. If you have no fixed view then say so, and then keep quiet until you have formed an opinion.

Young children make friends so much more easily than adults because they are innocent. They don't have preconceived ideas but they do have a "built-in" protection device which reacts against a rough voice, rough hands or fussiness. When innocence, or genuineness, is on both sides then all is well. One child does not object to another who just sits and stares at him. He merely stares back until he feels he wants to take it further and then starts a wonderful game of discovery.

We can learn a lot from young children.

Their great urge for discovery, to do something new, is often their passport to making friends, but it is also the reason why they are seldom lonely in their own company. They find the world exciting, and there are so many unusual things to do.

Teenagers often have a difficult time making new friends. They are passing through the most confusing period in their lives and everything is built up against them having confidence and control. Yet they have a terrific advantage over older people because they have wonderfully warm hearts and genuine generosity—two gifts which too many adults lose as they get older and "more sensible"!

Coupled with these gifts there is often an inconsideration towards those they take for granted and those outside their circle. Consideration for others is something we are not born with. Nobody is more inconsiderate than a baby. It takes years to learn. Teenagers are still learning. They are naturally "clannish" and it is often difficult for another youngster to join the group.

A teenager's best plan of campaign is to listen more than talk, at least in the early stages. No one likes a stranger who knows all the answers.

When someone in the group is going to have a party, don't wait too long to be invited. It is quite possible that they have been so busy worrying about their own arrangements that they haven't

## THE AUTHOR

**Tony Kirwin is a professional writer who has been engaged in youth work for ten years—a job which entails helping people to make friends.**



considered that you could possibly be interested in their kind of fun. Don't take it to heart. As soon as the opportunity comes, step in and tell them that you would love to come, too, if you possibly could.

If they are at all worth having as friends they will suddenly realise how pleased they would be to have you along. They will be flattered that someone likes them enough to want to share their fun. If they don't, by any chance, warm enough to invite you, it is pretty sure they are not your type of friend. Leave them to their own devices.

**Teenagers love to form themselves into groups. An outsider will often find it difficult to make friends with them without using patience and tact.**





# A sweater to defy frosty February

**MATERIALS.**—7 [8, 9] oz. WAVECREST knitting 4-ply. Two No. 12 and two No. 10 needles, set of four No. 12 needles with points at both ends.

**MEASUREMENTS.**—To fit 26 [28, 30] inch chest. Length, 15 [16½, 17½] ins. Sleeve seam, 12½ [13½, 15½] ins. (adjustable).

**SIZES.**—The figures in square brackets [ ] refer to the medium and large sizes respectively.

**ABBREVIATIONS.**—k., knit; p., purl; st., stitch; w.fwd., wool forward; w.r.n., wool round needle; tog., together; inc., increase by working into front and back of stitch; dec., decrease by working 2 sts. together; beg., beginning; alt., alternate; rep., repeat; patt., pattern; ins., inches.

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**TENSION.**—7 sts. and 9 rows to the square inch on No. 10 needles, measured over stocking stitch.

### BACK

Using No. 12 needles, cast on 82 [88, 94] sts. Work in k.1, p.1 rib for 2 ins.

**Change to No. 10 needles** and proceed in patt. as follows:—1st row: p. (thus forming ridge). 2nd row: p.1, \*\* p.2 tog., w.r.n., rep. from \*\* to last st., p.1.

3rd and 4th rows: p. 5th and 6th rows: k. 7th row: k.1, \*\* k.2 tog., w.fwd., rep. from \*\* to last st., k.1. 8th and 9th rows: k. 10th row: p.

These 10 rows form the patt. Continue in patt. until work measures 9½ [10½, 11½] ins. from beg. \*\*\*.

Keeping patt. correct throughout, shape armholes by casting off 5 [6, 7] sts. at beg. of next 2 rows, then dec. 1 st. at both ends of next and every alt. row until 60 [64, 68] sts. remain.

Continue on these sts. until work measures 5 [5½, 6] ins. from beg. of armhole shaping.

**Shape shoulders** by casting off 7 [7, 7] sts. at beg. of next 4 rows, 6 [7, 8] sts. at beg. of following 2 rows.

Cast off.

### FRONT

Work as Back to \*\*\*. **Shape armholes and divide for neck** as follows:—

**Next row:** Cast off 5 [6, 7] (one st. on needle after cast-off), patt. 35 [37, 39] turn. Proceed on first group of sts. as follows:—

**Next row:** Work all across. Dec. 1 st. at armhole edge on next and every alt. row until 6 dec. in all have been worked at armhole edge, at the same time dec. 1 st. at neck edge on 3rd and every following 5th row until 20 [21, 22] sts. remain.

Continue on these sts. until work measures same as back to shoulder shaping, finishing at armhole edge.

**Shape shoulder** by casting off 7 [7, 7] sts. at beg. of next and following alt. row. Work 1 row. Cast off.

Rejoin wool to remaining group of sts. and complete to match First Half, reversing all shapings.

### SLEEVES

Using No. 12 needles, cast on 44 [46, 48] sts. Work in k.1, p.1 rib for 2 ins.

**Change to No. 10 needles**, proceed in patt. as on back, inc. 1 st. at both ends

## HOME MAGAZINE KNITTING PATTERN No. 96

of 19th [13th, 11th] and every following 18th [16th, 15th] row until there are 56 [62, 68] sts., working extra sts. into patt.

Continue on these sts. until work measures 12½ [13½, 15½] ins. from beg. (adjust length here).

**Shape top** by casting off 5 [6, 7] sts. at beg. of next 2 rows, then dec. 1 st. at both ends of next and every alt. row until 34 [38, 42] sts. remain. Cast off 3 sts. at beg. of next 8 rows. Cast off.

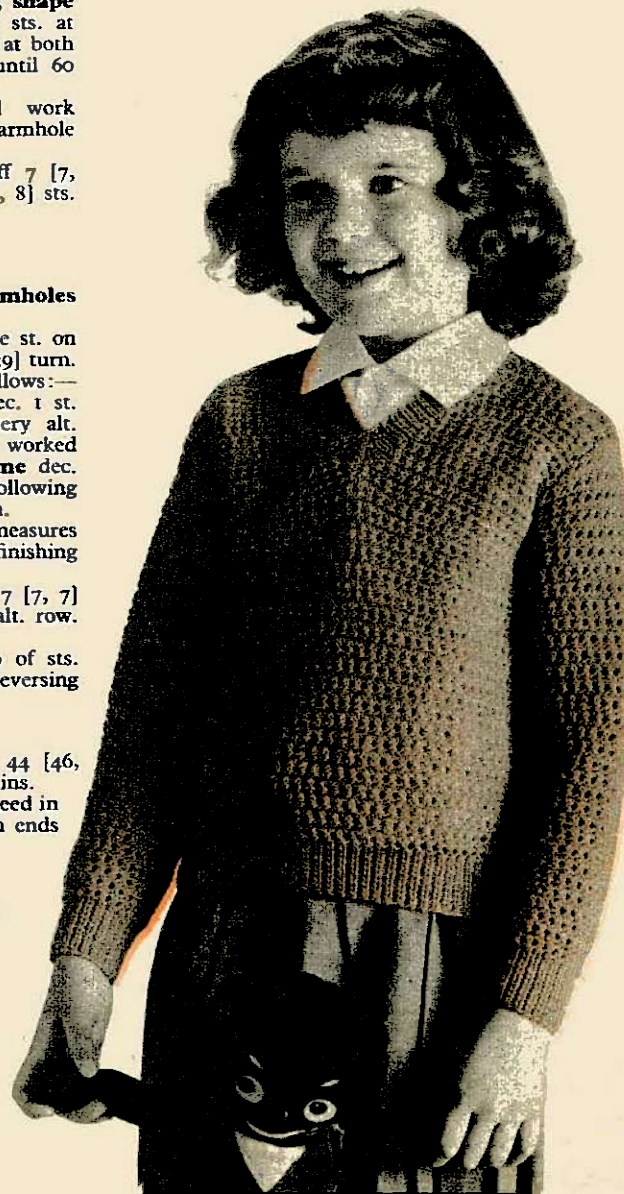
### NECKBAND

Using a fine back-stitch seam, join shoulders of back and front. With right side facing, using set of No. 12 needles, **knit up** 106 [120, 134] sts. round neck including 1 st. at centre V by picking up loop at centre V and knitting into back of it.

Work in rounds of k.1, p.1 rib for 1 in., dec. 1 st. at each side of st. knitted-up at centre V on every round. Cast off.

### TO MAKE UP

Omitting ribbing, block and press on wrong side using a warm iron and damp cloth. Using a flat seam for ribbing and a fine back-stitch seam for remainder, join side and sleeve seams and stitch sleeves into position. Press seams.



## JAMES OLSEN writes of the man who enjoyed being— WICKEDEST OF ALL

**F**EW men in the history of the human race have equalled the Roman Emperor Nero for all-round evil. During the 14 years in which he misruled the Roman Empire he committed almost every major crime. His wickedness has become a legend.

Every schoolboy has heard how Nero fiddled—in fact he sang—as Rome burned. He dipped early Christians into boiling pitch and used them as torches to light his chariot races, says Andrew Ewart in *The World's Wickedest Men* (Odhams Press Ltd, 21s.).

He publicly blamed the Christians for setting Rome on fire, and thus began his first persecution. No one knows how many were martyred in the butchery ordered by Nero in AD 64. Although after a time the mass murders waned, persecution continued. Three years later St. Peter and St. Paul became martyrs to the Nero terror.

Both the military and the civilian leaders had become weary of the sight of blood. In the months before the fire there had been a number of ineffective conspiracies. But the burning of Rome gave new impetus to the plotters.

When, finally, Rome was in seething revolt, Nero knew he would have either to get out or kill himself. But he recovered his nerve and brushed aside all ideas of suicide. He thought that the house of one of his freedmen, hidden in the countryside, would be a safe refuge. Armed with two daggers, but still wearing his nightshirt, he rode there at once.

Inside he sank on to a bed. The freedman, Phaon, broke the silence and told Nero there were only two choices open to him; to kill himself or to face public execution. Nero was astounded.

At last he asked for a grave to be dug for him, but he seemed to have no idea how to kill himself. Phaon urged him to use his daggers. At last Nero plunged a dagger into his breast. For some minutes he remained conscious. But when someone tried to stem the wound with a towel he murmured, "Too late."

The author has included penetrating studies of the wickedness of Genghis Khan, Ivan the Terrible, Rasputin, "Lucky" Luciano, Senator McCarthy, and, of course, Adolf Hitler.

Violence of a more routine kind is the theme of *The Other Mr Churchill*, the

story of a lifetime spent in the study of shooting and murder, by Macdonald Hastings (George Harrap, 25s.). For this Mr Churchill was a gunmaker, in business at 32 Orange Street, Leicester Square. His evidence was a feature of almost every major trial of a shooting.

Robert Churchill was an expert witness in cases including the famous Merret case, and the murder of P.C. Gutteridge by Kennedy and Browne. But perhaps his most interesting ballistic detective work was solving the trick that went wrong and killed "The Chinese Magician," Chung Ling Soo, who was really a Lancashire man named Robinson.

On March 23, 1918, at Wood Green Empire, Robinson was performing the trick which he called "Catching the Bullets." It was the climax of his act. Then Robinson fell dead.

Nobody even knew how he did the trick, until Churchill was called in and took away his muzzle-loading rifles.

Robinson's trick was to catch the bullets fired from them on a tin tray. Churchill found that the operative barrels of the trick guns weren't the proper barrels, loaded with powder and ball, but the ramrod tubes beneath, which were loaded with a small and harmless charge of powder like a blank cartridge. This made the impressive bang, and of course Robinson had substitute bullets which he showed to the audience. But on that night the exploding cap ignited both the charge in the ramrod and the fatal charge in the barrel.

Other books recommended are: *Birds at my Door*, E. Catherine Clements (Faber and Faber, 16s.); *Science in the Garden*, Alan R. Gemmel and F. W. Loads of BBC Gardeners' Question Time (G. W. Bell and Sons, 15s.); *The Tukhachevsky Affair*, by Victor Alexandrov (Macdonald, 30s.); *The Man Who Did*, a novel by David Bolt (J. M. Dent and Sons, 20s.); *Alfred the Great*, P. J. Helm (Robert Hale, 21s.).

## The perfection of Callas

**H**UNDREDS of fans queued for tickets outside the theatre, many camping out all night. No, it wasn't for the Beatles, but for Maria Callas, who has just completed a short season at the Royal Opera House.

Everyone can't get into Covent Garden, but there is consolation in the memorable recordings which have been made by this great artist.

There are no distracting influences to mar the enjoyment of her glorious voice, which is heard to perfection in a new recording by Columbia (33 CX 1681) of selections from Verdi. One of the most popular is the famous "Caro Nome."

For those who like their music in another genre, "The Big Ones," Kenny Ball Style on Pye Jazz NPL 49 has an instant appeal for jazz fans with a leaning to the economical style of this talented artist. Thirteen numbers and every one worth listening to.

Otto Klemperer and the Philharmonia Orchestra are together in Schumann's *Concerto in A Minor* and the Liszt *Concerto No. 1 in E Flat*, which also features Annie Fischer, on Columbia 33 CX 1842. The better of the two is the Liszt portion.

Pye Popular NPL 18089 stars The Searchers in "Sugar and Spice" with the Mersey Sound to please devotees of the latest cult. Not quite up to the Beatles' standards perhaps, but certain of a large following.

Strictly for the dedicated classicist is the *Wanderer Fantasia* and *Sonata in A Major* op. 120 with Sviatoslav Richter on HMV ALP 2011, a remarkable musical experience, if taken sparingly and in very relaxed moments.

On the other hand, Freddie and the Dreamers (Columbia 33 SX 1577) are guaranteed to shatter any dreams. But the fans love it.

The late, great Kirsten Flagstad sings two lovely songs from Gluck operas on HMV ZP 331, backed by the Philharmonia Orchestra conducted by Walter Susskind.

Finally, HMV DLP 1215 Suite No. 1 by Mikis Thodorakis, in which he paints a tone picture of Crete. A fairly new work, only ten years old, but already invested with some of the feeling of the earlier Stravinsky.



# WHEN KNIGHTS WERE BOILED IN ARMOUR

**F**IGHTING men, in the Middle Ages, became **living tanks**. When a knight in armour charged, lance at the ready, he was invincible. Two packed ranks of horsemen would face each other, and very often the first clash would decide who had won.

The winners would then try to get out of the tangle, and the vanquished, too heavily weighed down to run away, readily gave in. A knight, simply by seizing his foe by the shoulders, could disarm him.

Armourers were the best workers of the time. They had to be very accurate and skilful in forging the best metal, a **shining war-coat** that would not paralyse its wearer.

Shut up in this iron cage, a knight became like a robot, capable of a very limited number of movements. Inside, he must have felt like a boiled lobster. His weapons were actually **fastened to**



**him**, so that he could keep a hold on them in any circumstances.

So well were knights protected that after a battle between several hundred horsemen there would be only two or three soldiers left dead, says Dominique Halevy in the lavishly illustrated *Armies and their Arms* (Odhams Press, 15s.).

The victorious side were able to take many prisoners, for once a knight was thrown from his horse he could not get up without help. A prisoner regained his freedom by **paying a ransom**.

Armour not only distinguished its wearer but it was also the sign of the overlord.

There was not a lot of difference between battles of knights in armour and tournaments. In these they also tried to show their valour by **unhorsing an adversary** worthy of their skill. The vanquished, naturally, paid ransom.

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# Ever on the watch

**W**ITH rough seas lashing our coasts, this is a busy time of the year for the lighthouse men, who must ever be on the watch.

This month the Editor wants you to draw and colour with paints or crayons your version of a lighthouse, shining out in the night, giving warning of hazards to ships.

There are two classes—under nine and over nine years. There are two prizes in each section: delicious chocolates for the over nines and bumper parcels of sweets for the younger ones from the E & S CWS Chocolate Works at Luton and CWS Confectionery Works at Reddish.

Read the following rules carefully.

1. The drawing must be your own and measure not more than 10 in. by 8 in.

2. On the back of your entry write your full name, address, and age **IN BLOCK CAPITALS**.

3. Post your entry (marking the envelope "Competition") to: **The Editor, Home Magazine, 1 Balloon St., Manchester 4.**

Closing date for entries is February 28, 1964.

## DECEMBER COMPETITION WINNERS

Anna Sambor, 23 Eastcourt Road, Leicester;  
Roger Biddington, 1 Harold Road, Yorkby, Nr. Lydney, Glos.

Julia Merdjan, 312 Mount Pleasant, Tottenham Road, London; Kim Peacock, 8 Roskilling, Gwealdues, Helston, Cornwall.

## GARDENING NOTES By W. E. Shewell-Cooper

**I** DISLIKE people saying: "Now you should start gardening again," as if you had stopped in November and didn't start again until this time of the year or even later! Plant lovers will garden all the year round, and reap the benefit. This is a grand time, for instance, for doing structural alterations. You can make a garden pool, or put up a pergola for roses or clematis.

Flowering shrubs are becoming more popular because they take up little time. Dwarf varieties give a wonderful show year after year. Such a shrub border can be given a mulching of sedge peat each April or May. If the border is planted in the next six weeks the mulch should be applied before the sun dries out the soil too much.

Those who prefer to lay lawns with turf rather than sow seed, may carry out this work during March. If you have a good lawn already, you should roll it once a week.

The ventilation of the greenhouse can now be increased gradually, but always avoid draughts. Use diluted liquid fertiliser once every ten days for primulas and cinerarias. You can get this as Liquinure from the CWS Seeds Dept., Osmaston Park Road, Derby.

● **FREE OFFER.** Would you like a 2s. 6d. booklet on "Minimum Gardening" **FREE**? This offer is open to Home Magazine readers for one month. Write to W. E. Shewell-Cooper enclosing a 6½ in. by 4½ in. stamped addressed envelope, franked with a 4½d. stamp

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The Co-operative Insurance Society's plan for single young women is popular with parents too. They know the value of getting away to a good start in married life. So if you are a single young lady, or the parent of one, why not send for details to-day?

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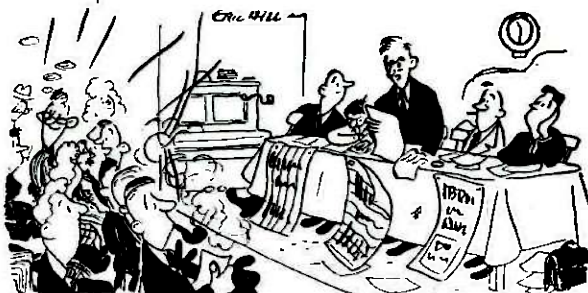
# **CHAIRMANSHIP**

**Commencing at 8 p.m., Friday  
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**If you cannot manage to join  
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you can join on February 28**



GOLDEN WEDDINGS

Mr and Mrs W. Thompson, 34, Piccadilly, Kingsbury, December 26, 1963.

Mr and Mrs G. Peers, 7, Edward Street, Tamworth, February 2, 1964.

CWS GLOVES FOR RUSSIA

THE CWS has helped to keep Russian hands warm through this winter. Immediately after the society's glove factory at St. Helens completed its first USSR order—for 4,000 pairs—an order for a further 1,000 was received.

The gloves, all women's in patent leather, were exactly the same as those produced for the home market. The order covered three different designs: an unlined, long-length, buttoned glove, a fleecy-lined fancy glove, the most popular with the Russians, and a fur-lined glove.

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We regret to report the deaths of the following members, and offer our sympathy to the bereaved relatives.

George Clifford Brown	Dosthill	November 19.
Emily Warren	Wilnecote	November 19.
Arthur Wood	Glascote	November 19.
Annie Elizabeth Hull	Dordon	November 25.
Miriam Gertrude Willdig	Tamworth	November 26.
Dorothy Mary Hull	Gillway	November 29.
Herbert Green	Edingale	November 29.
Dorothy Raine Baker	Fazeley	December 1.
Olive Weir	Hopwas	December 1.
Ernest Grice	Belgrave	December 5.
Annie Webb	Elford	December 6.
William Peat	Polesworth	December 7.
Lucy Smith	Wilnecote	December 10.
Albert James Blood	Two Gates	December 11.
Arthur Harrison	Tamworth	December 13.
Leonard Latham	Amington	December 15.
Thomas Henry Albrighton	Wilnecote	December 17.
Violet Amelia Lawson	Fazeley	December 19.
Mabel Beatrice Walton	Dordon	December 20.
Elijah Hudson	Tamworth	December 22.
Herbert John Dean	Dosthill	December 26.
Wilfred Owen	Two Gates	December 28.
Walter King	Polesworth	December 29.
John Henry Spooner	Tamworth	December 31.
James T. Hawthornthwaites	Tamworth	January 3.
Thomas Henry Fairfield	Tamworth	January 5.

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HIGHEST GRADE DUTCH SHALLOTS  
AND ONION SETS

VEGETABLES AND FLOWER SEEDS,  
BULBS, FERTILISERS, AND LAWN  
SEEDS

TO HELP WITH THE JOB, A TOP  
RANGE OF ALL THE NECESSARY  
TOOLS ARE AVAILABLE IN THE  
HARDWARE DEPARTMENT

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## Cheque point

One of the many advantages of a bank account is the convenience and safety of paying bills by cheque. Another good point is that having your salary credited direct to your account encourages saving. You draw out sufficient for day to day needs—the balance remaining ; and it is remarkable how quickly it seems to grow. The C.W.S Bank will be happy to send you details of the many facilities Co-operative banking offers, together with full information of the favourable terms. If there is not a Branch of the Bank in your town your own Co-operative Society will transact local business on behalf of the Bank. You will find it well worth while to complete and post to us the coupon alongside.

C.W.S Bank  
P.O. Box No. 101  
1 Balloon Street  
Manchester 4

London Office: 99 Leman Street, E.C.1.

*Please send me your illustrated folder with terms of accounts, etc.*

NAME .....

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H.M.I.

*Branches and Agencies Everywhere*